

KIDS MENU

For children 12 years and under

All meals come with a choice of milk, juice or bottomless soft drink. Choice of apple slices with caramel sauce, vanilla ice cream or chocolate peanut butter ice cream for dessert.

Substitute a Dessert Nacho Sundae, Cinnamon Sugar Doughnut Hole Sundae, Strawberry Shortcake or Peanut Butter Brownie Sundae for \$2.99.

- Kids Pasta with Butter or Tomato Sauce \$6.99 Add Chicken \$1.99
- Vegetable Stir Fry \$6.99

All of the following meals come with a choice of carrot & celery sticks, house salad, cup of roasted red pepper soup, rice pilaf or fries.

- Kids Mini Burgers \$6.99
 - Kids Cheese Nachos \$6.99
 - Crisp Tempura-Battered Fish \$6.99
 - Crispy Chicken Strips \$6.99
 - Grilled Chicken Breast Strips \$6.99
- Health Check™ with house salad and 1 oz. of dressing. Health Check™ recommends a choice of 100% juice or milk and apple slices.



*Some food items may contain or have come in contact with nuts. Please ask your server.



Food First



† HEALTH CHECK™ ITEM. The Heart and Stroke Foundation's registered dietitians have reviewed these menu items to ensure they meet the specific nutrient criteria developed by the Health Check™ program based on the recommendations in Canada's Food Guide. A fee is paid by each participating restaurant to help cover the cost of this voluntary, not-for-profit program. See healthcheck.org

Snowboarding Fun!

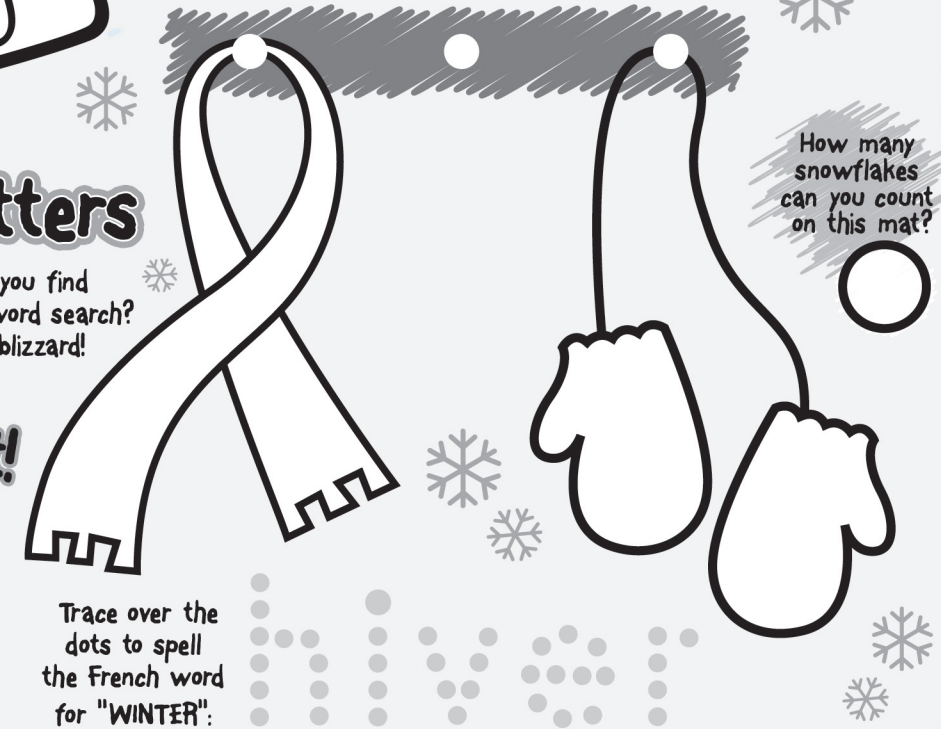
Can you find 10 differences between us?



These words are all missing their vowels a, e, i, o, u. Fill in the missing vowels to finish these winter words.

- 1 SN__W
- 2 __C__CL__S
- 3 T__B__GG__N
- 4 FR____Z__NG
- 5 FL__RR____S
- 6 SK__T__S
- 7 __C__B__RG
- 8 __GL__

Decorate the mittens and the scarf with some fun winter patterns. Draw a toque on the middle hook.



How many snowflakes can you count on this mat?

SOSNOWSOW
 NWNNSNSWONS
 SSNOWSSNOWS
 SNOWSSNSWSOSWN
 WONSNSOSSNSOO
 SOSOSWSSNOWNW
 SOWSSNOWSSS
 SWONSS

Snowy Letters

How many times can you find the word "SNOW" in this word search? Look carefully: it's a blizzard!

0-5 coldest!
words

6-11 colder!
words

12-15 cool!
words

Trace over the dots to spell the French word for "WINTER".